

Environmental groups to support in Frome

Sustainable Frome

transitionfrome.org.uk

Sustainable Frome is a group of people living locally who want to build a greener future, one in which Frome is better placed to meet the challenges of climate change with community-led responses.

We have regular meetings, organise events and campaigns, and aim to provide advice and practical help for the residents of Frome who want to live in a more sustainable way. We support and work with other local groups working and campaigning in all areas of sustainable living, social justice and environmental protection.

This includes **The Frome Garden Share scheme** which is designed to match willing gardeners (all abilities welcome) to those with a little extra garden space, so that they can grow food for both to share

Sustainable Frome meets on the first Thursday of each month at the Good Heart cafe.

Edventure

edventurefrome.org

Edventure Frome is a community business that supports community entrepreneurship in Somerset (UK) - Frome & Taunton. Projects include:

Green & healthy Frome edventurefrome.org/green-healthy-frome/

Edventure Hub edventurefrome.org/offerings/the-edventure-hub/

Future shed edventurefrome.org/offerings/future-shed/

Frome Town Council

frometowncouncil.gov.uk

Green initiatives include:

Litter Warriors. Regular litter picks throughout the town that are based on areas of need. Frome Town Council will supply equipment, the Litter Warriors' group will decide the location and everyone is welcome to join in. The regular litter picks will be every two weeks, if you'd like to join, please email fromelitterwarriors@gmail.com. Alternatively you can borrow equipment and organise a litter pick in your area, or ask them to add an area of Frome to their list.

Wild Bunch. The Wild Bunch is open to anyone who is interested in gardening for wildlife in our private gardens and shared local green spaces. Championing the idea of our gardens and green spaces being inter-connected parts of a much larger wild space that is owned by our wild neighbours, the group shares ideas, hosts monthly gatherings and holds public events that promote wildlife-friendly approaches in our neighbourhoods.

Volunteer Rangers. Join our town rangers and help keep Frome's open spaces looking their best. The team meets fortnightly on a Wednesday and there are two sessions, 10am to 12pm and 1pm to 3pm. Tasks for volunteer rangers will vary depending on weather, location and the season, but will include: woodland and green space maintenance, clearing shrubs and walking paths, planting trees and vegetation, coppicing small trees and developing a sensory garden.

Community Fridge facebook.com/communityfridgefrome

Reducing Food waste, The Community Fridge and Larder are currently located at Frome Town Hall. A dedicated team of volunteers collects the food from local shops and food outlets. The food is then available for anyone to take and make use of.

Everyone needs pockets everyoneneedspockets.org

An inclusive network of people and enterprises based in and around Frome whose focus and priority is about addressing clothing and textile reuse and sustainability.

Friends of the River Frome friendsoftheriverfrome.co.uk

The Friends of the River Frome are a group of passionate volunteers who work to protect and improve the Somerset river Frome, led by a committee with professional experience in everything from hydrology and ecology to engineering. Anyone can become a friend of the river, it costs £15 a year and all proceeds go towards caring for the river Frome.

Frome Car free walking group email.fromecarfreewalks@gmail.com

A group for people who like walking without driving. Monthly walks, usually on Saturdays or sometimes Fridays. A mix of walks out from Frome and further afield by bus and train. Walks are around 8 to 12 miles long, medium pace (about 2.5 miles an hour), plus picnic/café/pub stop.

Frome Beekeepers Association somersetbeekeepers.org.uk

The Frome Beekeepers' Association are a friendly bunch with experience levels from Master Beekeepers to those just starting out. We have several social events throughout the year. We run a beginners course as well as training for the BBKA Basic exams. We welcome new members either as beginners or as blow-ins from other parts of the country. We have a core of very experienced beekeepers who are happy to help and give advice to new beekeepers and members of the public. We have our own training apiary at East Woodlands.

Frome Recreation & Open Ground Supporters fromefrogs.org.uk

FROGS is a community group of volunteers encouraging the use, protection and enjoyment of outdoor spaces in and around Frome. We want to make sure that the green spaces are safe and inviting for people of all ages to enjoy. We welcome anyone who is interested in the outdoors and making sure that we enjoy it and look after it.

FROGS have organised several bat- and bird-box building days, as well as wildlife walks. Events are also organised in the parks including along the Welshmill Greenway and in Victoria Park. They have raised funds for improvements to Frome's parks and open spaces.

Gardening Together gardeningtogether.org

Gardening Together is a non-profit organization dedicated to fostering vibrant communities through the shared passion of gardening. We believe that gardening is more than just cultivating fresh produce; it's a powerful tool for connection, sustainability, and well-being. A non-profit organization dedicated to lowering the allotment waiting list We put those with a garden in touch with those without for joint gardening and allotment projects.

Save our open spaces Frome sosfrome.org.uk

Save our Open Spaces Frome aims to maintain or improve the physical, social and economic infrastructure within Frome and surrounding areas. To help and support all green groups in Frome to protect and conserve a range of informal open green spaces accessible to people living in Frome; To facilitate community ownership of green space for the benefits of the public, wildlife and biodiversity; To promote and protect local heritage from footpaths to bridges; And to provide an opportunity for public spirited people and organisations to contribute financially to the community, with the expectation of social dividend, rather than personal financial reward.

Broadway community gardens broadwaycommunitygardens.com

A garden for all. In February 2023 Frome Town Council secured Broadway Community Gardens for all of Frome to enjoy, with the hope that it will increase our town's food resilience, ecological diversity, and our community's wellbeing and connection to nature too. The Broadway Community Garden Association is currently co-managing the garden alongside the council. Together we are improving its accessibility and safety, encouraging more people to get involved, and creating a collective community vision to guide the garden in the future. While a lot has changed in the last year, the magic of this garden and the enthusiasm of those who tend to it hasn't.

Groups for families and children

Shared Earth Learning sharedearthlearning.org

Shared Earth Learning is a Forest School in Frome, Somerset. We are a Charitable Community Benefit Society run as a co-operative. We run weekly sessions and during most school holidays for children's and youth with additional support needs. **SELGrow** is an alternative provision for small groups, referrals from schools and Somerset council, during school terms. **Project Grow** for 15-18 year olds not in education, employment or training, during school terms. We also offer a free adult wellbeing group - Mondays throughout the year.

Wild Tribe facebook.com/Wildtribeforestschoolfrome

Wild Tribe is a forest school that believes in learning about nature through seasonal artistic activities. We run Home Ed groups, Holiday clubs, Birthday Parties, Retreats, and mini festivals. Please get in touch for upcoming projects and sessions. Activities include making dens, knot tying, fire lighting, cooking on the fire, mud clay moulding, tree identification and creating bug hotels and nests. We go for scavenger walks whilst collecting fallen leaves/ feathers and berries for activities and potions. We will make clay and weave found objects, learning to safely whittle coppiced wood and basic tool use, as well as story telling and woodland adventurous games. wildtribeforestschool@gmail.com

Dementia Care

Wild Memories: Frome, Somerset froglife.org

Nature and wildlife activities for anyone living with dementia or experiencing memory loss We're all about enjoying the outdoors, getting active and having fun in a relaxed setting. We're always open for new members so why not join us!

- Mondays 14.00-16.00 at the Walled Garden at Mells.
- Tuesdays 11.00-13.00 in Frome
- Wednesdays 14.00-16.00 in Frome
- (Frome sessions are usually at our dementia friendly allotment plot at Welshmill but call ahead as we sometimes go elsewhere!) Our sessions are running every week. We have spaces available, give us a call to sign up or for any queries. All sessions are free to attend* Email: zak.mathergratton@froglife.org Phone: 07949 572849

Local Businesses

Denude denudestore.co.uk 4a Bath Street Frome In the store you will find carefully curated wholefoods household goods and personal care products – all available for dispensing into your own containers or provided with minimal, recyclable packaging.

Frome whole Foods 01373 473334 8 Cheap Street, BA11 1BN
An excellent wholefoods shop selling organic produce, deli, vitamins, herbs and spices and much more. This store carries an excellent vegan range, and as a bonus will gladly take special orders.

Shop next door gardencafefrome.co.uk/next-door/
The Shop next door offers an extensive range of organic fruit and vegetables, dairy products, Hobbs House breads and pastries. Organic wine, beers, ciders, and lots more including our new homewear section including healthcare and personal care products. We now also have a milk refill station, offering Ivy House Organic Milk and Minor Figures Organic Oat Milk.

Oakville Care Centre 3-4 Badcox, BA11 3BQ oakvillecarecentre.com

Oakville supply a wide range of products including Natural skincare and Well-being products, Eco-friendly refills and Mobility products.

Share sharefrome.org/

A library of things. Although about to go into hibernation because of a lack of accommodation, the Share shop needs your support to return asap.

Local Flower Farms

The Witham Flowery www.thewithamflowery.co.uk

Quarry Hill Farm, Witham Priory, Frome, BA11 5HD Tel. 07834 370200
thewithamflowery@gmail.com

The Witham Flowery is an artisan flower field and florist studio on our farm in Somerset offering gift bouquets and wedding flowers. We are passionate about growing beautiful, scented country flowers and use environmentally friendly methods. We use our own farmyard and horse manure for the no-dig beds, we're pesticide free, peat free and only use re-usable materials.

Dead Head Flower Farm

deadheadflowerfarm.co.uk

British flowers a sustainable choice! Sustainability is at the core of how we manage the farm and growing spaces. We use no dig methods, peat free compost. We farm without chemicals or pesticides. We grow seasonally.

Fosse Farm Flowers

fossefarmflowers.co.uk

Fosse Farm, Bath, Stratton-on-the-Fosse, Radstock BA3 4RA

Simple Seasonal & Sustainable. The flower field was established with a vision to enhance the arable farm with a cutting garden providing local, seasonal, scented British flowers whilst enhancing & supporting wildlife & nature. Seeds were sown, flowers bloomed & the new cutting patch has been a real haven for bees, butterflies & wildlife.

Local vegetable box delivery schemes

Vallis Veg vallisveg.co.uk

We deliver veg boxes on Fridays throughout the year to home or work addresses in Frome (and also on Mondays from July to December). Please see our box scheme practicalities page for further details of how the scheme works, and email us on info@vallisveg.co.uk if you'd like to try a box from us.

Dragon Willows Farm

dragonwillowsfarm.co.uk Godney Road,
Glastonbury, Somerset BA6 9AF 07785 985643

Dragon Willows Farm is situated beneath Glastonbury Tor, on the Somerset moorlands. Our farm is a smallholding and much more, it's a complete way of life. The farm consists of 8 acres made up of meadows, vegetable/fruit beds, farm buildings and a small family home. We have created an eco, animal, and food friendly, self-sustaining smallholding selling a range of local fresh foods. Our purpose is to provide ourselves with as much of our own food as we can and sell the rest, either fresh or in the form of home made products, directly from farm and at local farmers markets. We aim to achieve this by wasting nothing, and ensuring that our produce is grown using traditional, natural methods, and while the major proportion of our livestock is being raised for meat, we do ensure that they have a happy and fulfilled existence.