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ST. CATHARINE OF ALEXANDRIA FROME & ST. DOMINIC'S CHAPEL MELLS

18TH JULY 2021

SIXTEENTH SUNDAY IN ORDINARY TIME

ALL MASSES AND SERVICES, UNLESS INDICATED OTHERWISE, WILL BE LIVE STREAMED FROM OUR WEBSITE

WWW.STCATHARINES.CO.UK

THEY WILL ALSO BE SAVED AFTERWARDS, SO YOU CAN ACCESS AT ANY TIME THAT SUITS YOU BEST.

The church is now open for private prayer on Monday evenings and for Masses where indicated. All will be streamed on our website unless indicated by *

Sunday 18th July 11.00am Sixteenth Sunday in Ordinary Time (People of the Parish) **OPEN**

Monday 19th July No Mass 7-8pm Church open for prayer. * **OPEN**

Tuesday 20th July No Mass

Wednesday 21st July 7.00pm Weekday in Ordinary Time **OPEN** (Tom and Mairi McIntyre 60th Wedding Anniversary)

Thursday 22nd July 10.00am Feast of St. Mary Magdalene, Apostle to the Apostles (Thanksgiving)

Friday 23rd July 11.00am Feast of St. Bridget, Patron of Europe (Willy and Pius Ulmann RIP)

Saturday 24th July 11.00am Weekday in Ordinary Time (Tony and Michael O'Brien RIP)

5.30pm First Mass of Sunday **OPEN ***

ST. DOMINIC'S CHAPEL, MELLS – Sunday Masses are suspended until further notice.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

I am saddened that I cannot, at this time, receive You sacramentally.

I welcome you spiritually into my heart.

I embrace your presence within me.

Please keep me and all my loved ones safe in your embrace; help me and them to avoid anything that may lead us to turn away from You or each other.

Amen.

Parish Administrator - Anna Pang T: 01373 462705

E: frome.stcatharine@cliftondiocese.com

Find us on 

www.stcatharines.co.uk

PUBLIC ATTENDANCE AT MASS AND PRAYER: We are open for public attendance for Masses on Saturday evenings, Sunday mornings (which require seat booking as detailed below), and Wednesday evenings (for which there is no booking system), and for private prayer as previously on Monday evenings (which also does not require booking). It remains essential to observe all the same safeguards as previously, such as mask wearing for all except those legally exempt, social distancing and the sanitizing of hands. To protect a proper social distance, we need to continue to restrict numbers present and therefore we have resumed the booking system that was in operation previously.

Please see the links below to book for Saturday and Sunday Masses

<https://www.eventbrite.co.uk/e/saturday-evening-mass-tickets-144378659457>

<https://www.eventbrite.co.uk/e/sunday-morning-mass-tickets-144379160957>

If you have problems using the above booking system, please ring Deacon David on his mobile number (07966 322965)

SUNDAY AND HOLY DAY OBLIGATIONS – In the light of the restrictions imposed because of the Coronavirus you are reminded that the obligation to attend Sunday and Holyday Masses has ceased because of difficulties and limitations surrounding attendance. You will be informed if, or when, this might change.

FROME HALF MARATHON TODAY – the roads local to St. Catharine’s will be closed today between 8.30am and 11.30am, for the Frome Half Marathon. Please bear this in mind if you plan to attend the 11.00am Mass in person.

SACRAMENT OF RECONCILIATION: Unfortunately, it is not safe to hear confessions within the confines of the confessional. However, Fr. Richard is happy for people to make an appointment for confession sitting in the church at a social distance. Please either email him at: frome.frrichard@cliftondiocese.com or ‘phone him on (01373) 462705. If there is no reply, please simply leave a message asking for him to call you back; there is no need to say what it is about, leaving your number. If you choose to ring, please speak slowly as the line is not always the clearest. Thank you.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee: and I detest my sins most sincerely because they displease Thee, my God, Who art so deserving of all my love for Thy infinite goodness and most amiable perfections: and I firmly purpose, by Thy holy grace, never more to offend Thee, to avoid all occasions of sin, and to amend my life. Amen. I further resolve and promise to go to Sacramental Confession as soon as practicably possible.

DONATIONS TO THE PARISH - if you would like to make a donation to our parish during this time, you can still do so using the donate button on our website. We are also now able to take donations over the telephone using credit or debit cards. If you would like to use this option please email Anna with your name and contact number (email address below) or call the parish office on 01373 462705 and leave your name and telephone number. Another alternative is by cheque payable to “Parish of St. Catharine Frome” posted to the presbytery or dropped through the letterbox. Please do not feel under any pressure to do so, however; we know that this current crisis brings different struggles to all of us, and financial constraints can be one of them. Our sincere thanks to those who have been able to make donations.

MESSAGE FROM THE DIOCESE REGARDING CATECHISTS DAY 25TH SEPTEMBER - On Saturday 25th September we are looking to draw together catechists from around our diocese, as well as those involved in parish formation and evangelisation, as a way of offering an opportunity for conversation and formation, focusing on family catechesis. David Wells and Ingrid La Trobe will help us to reflect on the role of parents in catechesis and give catechists the confidence to enable them to be the first teachers of their children’s faith.

The day will take place at St. John the Baptist parish centre, Trowbridge, and will start at 11am and finish around 4pm. Refreshments will be provided from 10.30am, we ask for catechists to bring a packed lunch. Numbers will be limited for the day so please register early. They can register through this email: adult.education@cliftondiocese.com

SECOND COLLECTION THIS WEEK – there will be a second collection this week for the Clergy Training Fund. The collection taken across the Diocese enables the Bishop to support those who offer themselves for training for the Diocesan priesthood. This fund enables the Bishop to fund their training at seminary and offer them a grant during their years of formation. The fund, at times, is also used to support the on-going formation opportunities for clergy in our Diocese and formation of permanent Deacons.

You can now donate to the second collection Clergy Training Fund on our website, from today and for the next two weeks using the donation button on the home page!

PRAYERS FROM RIGHT TO LIFE - “We pray for all expectant mothers. We pray for an overwhelming sense of hope and joy to fill their lives, and for increased support to be given by their family, friends, and local communities, as they journey through this life-changing experience. Lord hear us”.

MESSAGES FROM CAFOD

FAMILY PRAYER RESOURCES FOR SUMMER - We will be offering a prayer focus for each week of the summer holidays with some simple ideas, designed to help parents explore faith with their children, in solidarity with our global family. This will be available from mid-July at <https://cafod.org.uk/Pray/Prayer-resources>

SEASON OF CREATION - we have resources for the Season of Creation and our Harvest Fast Day (Friday 1st October) appeal will feature some of our work in the Amazon. Join us in praying the joyful mysteries of the Holy Rosary as we seek to nourish our commitment to care for the earth. This will be available from September at <https://cafod.org.uk/Pray/Prayer-resources>

LAUDATO SI' ENCYCLICAL RESOURCES - this link (www.cafod.org.uk/Pray/Laudato-Si-encyclical) will take you to the page on our website with a range of resources around Laudato Si', to study, reflect, pray and take action.

LIVESIMPLY AWARD one of our most popular community activities is our live simply award (www.cafod.org.uk/Campaign/Livesimply-award). This award is given to parishes and communities that have taken significant steps to respond to the Church's call to live simply.

SYNOD - We will be holding online sessions, open to all with experts sharing what is synod, why it is important and how parish communities are participating. All are welcome to join these sessions. Our first session on Tuesday 27 July at 7pm will feature a conversation with Christopher Lamb, Rome correspondent for The Tablet, about why Pope Francis is inviting us all to participate in the synod. Please go to www.bigmarker.com/cafod/Synod to book onto the session.

Many Catholic parishioners have been responding to Pope Francis' call for a better kind of politics and meeting their MPs this summer. If you supported one of these CAFOD meetings, calling for more action to tackle the climate crisis and to help the poorest countries cope with the pandemic, thank you. Thank you also if you are supporting our petition to the Prime Minister.

Thank you once again for your leadership and commitment to working in solidarity with people in need of support. Whether that's in support of our Fast Days or Emergency appeals, our advocacy campaigns or for holding us and our work in your prayers.

JOB OPPORTUNITIES IN THE DIOCESE – ADULT FORMATION & EVANGELISATION OFFICER AND CARITAS AND ENVIRONMENTAL OFFICER

Adult Formation and Evangelisation Officer - Are you passionate about your faith and have a desire to share it with others? Would you like to support our parishes in their mission to be communities of evangelisation and mission?

Do you have an interest in developing resources and working with a variety of different groups to deliver effective and dynamic sacramental preparation alongside accompanying parishes in their outreach to those seeking faith or simply curious? The successful applicant will need to be committed to the mission of the Church, a confident communicator, be able to promote the Gospel and support parishes to grow in their capacity to be places of mission and outreach.

Caritas and Environmental Officer - Are you passionate about our planet and how we care for it? Do you care about the poor and the vulnerable in our local communities?

Would you like to be able to develop co-ordinated plans for action, working with parishes and schools in a Catholic setting?

With two key aspects to this role, the successful applicant will need to have the confidence to ensure that both the Cry of the Poor and the Cry of the Earth are fully integrated into the life of our parishes and schools.

For further information/informal discussion about the roles please contact Sarah Adams, the Director of Adult Education & Evangelisation on 0117 902 5595. The job description, personal specification and application form are available from www.cliftondioocese.com/dioocese/working-for-us/ Closing date for receipt of applications: 5pm, Friday 23 July 2021.

GOOD COUNSEL NETWORK - GK CHESTERTON WALKING PILGRIMAGE – “The 11th Annual GK Chesterton Walking Pilgrimage will take place on Saturday 24th July 2021. You can sponsor Stuart as he raises funds for Good Counsel on this 27 mile walk here; www.justgiving.com/fundraising/gkcwalk21 You can email prayer intentions to be prayed for along the way, to; catholicgkcsociety@yahoo.co.uk. You can join us for Mass or part of the walk on the day or even just join us by saying the GK Chesterton Prayer on the day wherever you are. Find details and the prayer in a number of languages here; www.catholicgkchestertonsociety.co.uk”

A PRAYER FOLLOWING HOLY COMMUNION WRITTEN BY ST. BONAVENTURE:

Similar to St. Francis, St. Bonaventure had a deep devotion to the Eucharist and truly believed that Jesus was present under the appearances of bread and wine.

This led him to compose a beautiful prayer, very poetic that expresses the passionate love he had for Jesus.

Many use this **prayer for after communion**, as it speaks directly to Jesus, the “Bread of Angels.”

“Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, that my soul may ever languish and melt with entire love and longing for Thee,

may yearn for Thee and for thy courts, may long to be dissolved and to be with Thee.

Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savour and every delightful taste.

May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, and may my inmost soul be filled with the sweetness of Thy savour;

may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the fullness of the house of God;

may it ever compass Thee, seek Thee, find Thee, run to Thee, come up to Thee, meditate on Thee, speak of Thee, and do all for the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, with perseverance to the end;

and be Thou alone ever my hope, my entire confidence, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession, my treasure; in Whom may my mind and my heart be ever fixed and firm and rooted immovably. Amen.”

https://aleteia.org/2021/07/15/st-bonaventures-beautiful-prayer-after-communion/?utm_campaign=NL_en&utm_content=NL_en&utm_medium=mail&utm_source=daily_newsletter